

PRAYER TO RELEASE & REMOVE UNGODLY THOUGHT PROCESSES & REACTIONS & MINDSETS

Heavenly Father, in the Name of Jesus Christ, I ask You to forgive me for the sin of failing to cast my cares upon You because I did not know how to cast my cares upon You. There have been times in my life when I suffered from a lack of knowledge of knowing how to handle life's difficulties and not casting my cares upon Jesus as Your Word says to do.

I confess I have used ungodly thought processes, mindsets, defense mechanisms, devices, and unbiblical and wrong reactions.

I confess that I sought to handle and control my own problems in my own ways. I devised methods for my self-preservation.

Now, I choose to ask You, Lord, to gather and remove the devices I have created and used to get through life's difficult circumstances. I repent for the control I used in creating these devices.

I release all control, anger, revenge, unforgiveness, and judgments and all altered states of mind into which I entered to handle trauma in my life. I relinquish my self-preservation, and I trust You for my life. I release to You all trauma, known and unknown.

I bind and break the power of all soul tie attachments, longings, emotional bondages, enslaving thought patterns, and dependencies, in the name of Jesus Christ.

Now, I purpose in my heart not to reenter these altered states of mind. I release to You all disappointment, bitterness, and resentment about my past. I choose to renew my mind through ongoing study of Your Word. I choose Your truth instead of altered states of mind that have caused me to revisit painful feelings or paralyze my response to abuse or other behavior patterns toward me.

So I speak to all altered states of mind, ungodly thought processes, mindsets, defense mechanisms, devices, and conditioned reactions, and I command all such devices to align themselves with the Word of God and release their power over me, in the name of Jesus Christ.

I desire as the head and not the tail (Deut. 28:13) to have Jesus Christ and Your Holy Spirit come into me and restore my soul. I forgive, release, and bless everyone who has hurt, abused, or mislead me. I repent and ask forgiveness for the sin of carrying any unforgiveness or judgment toward these people. I ask You to bless them and give them what they need.

Please bring me into a place where I am fully restored and made whole in spirit, soul, and body.

I ask You to renew my mind, so that I will not return to these old ways of thinking. I thank You for teaching me to take captive every thought to make it obedient to Jesus Christ (2 Corinthians 10:5). I ask You to give me renewed ability to maintain this fresh way of thinking for my new godly lifestyle.

According to James 1, I can ask You, Lord, for wisdom and You will give generously without finding fault. I ask You for wisdom to maintain godly thought processes in this new season of my life and not return to the old, ungodly thought processes.

I want all of me to worship You in spirit and in truth (John 4:23-24). I desire to worship You with a sound mind and undivided heart.

I thank You and ask these things in the name of Jesus Christ. Amen.